

season	athletes on team	state listed in athlete's first appearance on national team	cite																			
2004/2005	Kris Freeman	NH	https://fasterskier.com/2004/04/freeman-swenson-lead-usst-for-05/																			
	Carl Swenson	UT																				
	Andy Newell	VT																				
	Torin Koos	WA																				
	Justin Freeman	NH																				
	Andrew Johnson	VT																				
	Wendy Wagner	UT																				
	Rebecca Dussault	CO																				
2005/2006	Kris Freeman	NH	https://fasterskier.com/2005/05/us-ski-team-2005-2006-announced/																			
	Andrew Johnson	VT																				
	Torin Koos	WA																				
	Andy Newell	VT																				
	Carl Swenson	UT																				
2006/2007	Chris Cook	WI	https://fasterskier.com/2006/05/ussa-announces-nominations-for-2007-us-cross-country-team/																			
	Kris Freeman	NH																				
	Andrew Johnson	VT																				
	Torin Koos	WA																				
	Andy Newell	VT																				
	Kikkan Randall	AK																				
	Matt Gelso	CA																				
	Leif Zimmermann	MT																				
	Morgan Arritola	ID																				
	Taz Mannix	AK																				
	Morgan Smyth	VT																				
	Liz Stephen	VT																				
	Lindsey Weier	MN																				
	Lindsay Williams	MN																				
2007/2008	Chris Cook	WI	https://fasterskier.com/2007/05/2008-us-cross-country-ski-team-nominations/																			
	Kris Freeman	NH																				
	Torin Koos	WA																				
	Andy Newell	VT																				
	Kikkan Randall	AK																				
	Morgan Arritola	ID																				
	Rosie Brennan	UT																				
	Matt Gelso	CA																				
Taz Mannix	AK																					

2014/2015	Simi Hamilton	CO		https://fasterskier.com/2014/04/u-s-ski-team-nominates-20142015-squad-brings-back-the-d-team/																
	Andy Newell	VT																		
	Sadie Bjornsen	WA																		
	Sophie Caldwell	VT																		
	Jessie Diggins	MN																		
	Kikkan Randall	AK																		
	Liz Stephen	VT																		
	Erik Bjornsen	WA																		
	Noah Hoffman	CO																		
	Ida Sargent	VT																		
	Paddy Caldwell	NH																		
	Ben Saxton	MN																		
2015/2016	Simi Hamilton	CO		https://fasterskier.com/2015/05/u-s-ski-team-nominates-16-new-additions-to-b-d-teams/																
	Andy Newell	VT																		
	Sadie Bjornsen	WA																		
	Sophie Caldwell	VT																		
	Jessie Diggins	MN																		
	Kikkan Randall	AK																		
	Liz Stephen	VT																		
	Erik Bjornsen	WA																		
	Noah Hoffman	CO																		
	Ida Sargent	VT																		
	Paddy Caldwell	NH																		
	Ben Saxton	MN																		
	Rosie Brennan	UT																		
Caitlin Gregg	MN		[listed as MN here, not WA, because she had long lived in MN by this point]																	
Katharine Ogden	VT																			
Julia Kern	MA																			
2016/2017	Simi Hamilton	CO		https://fasterskier.com/2016/05/u-s-nordic-ski-team-announces-20162017-nominations/																
	Andy Newell	VT																		
	Sadie Bjornsen	WA																		
	Sophie Caldwell	VT																		
	Jessie Diggins	MN																		
	Kikkan Randall	AK																		
	Ida Sargent	VT																		
	Liz Stephen	VT																		
	Erik Bjornsen	WA																		
	Noah Hoffman	CO																		
	Rosie Brennan	UT																		
	Paddy Caldwell	NH																		
Ian Torchia	MN																			

<u>season</u>	<u>athletes on team</u>	<u>state listed in athlete's first appearance on national team</u>
2004/2005	Kris Freeman	NH
2004/2005	Carl Swenson	UT
2004/2005	Andy Newell	VT
2004/2005	Rebecca Dussault	CO
2004/2005	Justin Freeman	NH
2004/2005	Andrew Johnson	VT
2004/2005	Wendy Wagner	UT
2004/2005	Torin Koos	WA
2005/2006	Kris Freeman	NH
2005/2006	Andrew Johnson	VT
2005/2006	Torin Koos	WA
2005/2006	Andy Newell	VT
2005/2006	Carl Swenson	UT
2006/2007	Chris Cook	WI
2006/2007	Kris Freeman	NH
2006/2007	Andrew Johnson	VT
2006/2007	Torin Koos	WA
2006/2007	Andy Newell	VT
2006/2007	Kikkan Randall	AK
2006/2007	Matt Gelso	CA
2006/2007	Leif Zimmermann	MT
2006/2007	Morgan Arritola	ID
2006/2007	Taz Mannix	AK
2006/2007	Morgan Smyth	VT
2006/2007	Liz Stephen	VT
2006/2007	Lindsey Weier	MN
2006/2007	Lindsay Williams	MN

2007/2008	Chris Cook	WI
2007/2008	Kris Freeman	NH
2007/2008	Torin Koos	WA
2007/2008	Andy Newell	VT
2007/2008	Kikkan Randall	AK
2007/2008	Morgan Arritola	ID
2007/2008	Rosie Brennan	UT
2007/2008	Matt Gelso	CA
2007/2008	Taz Mannix	AK
2007/2008	Morgan Smyth	VT
2007/2008	Liz Stephen	VT
2007/2008	Alexa Turzian	ID
2007/2008	Laura Valaas	WA
2007/2008	Lindsey Weier	MN
2007/2008	Lindsay Williams	MN
2007/2008	Leif Zimmermann	MT
2008/2009	Chris Cook	WI
2008/2009	Kris Freeman	NH
2008/2009	Torin Koos	WA
2008/2009	Andy Newell	VT
2008/2009	Kikkan Randall	AK
2008/2009	Matt Gelso	CA
2008/2009	Noah Hoffman	CO
2008/2009	Garrott Kuzzy	WI
2008/2009	Leif Zimmermann	MT
2008/2009	Morgan Arritola	ID
2008/2009	Rosie Brennan	UT
2008/2009	Lindsey Dehlin	MN
2008/2009	Taz Mannix	AK
2008/2009	Morgan Smyth	VT
2008/2009	Liz Stephen	VT

2008/2009	Alexa Turzian	ID
2008/2009	Laura Valaas	WA
2008/2009	Lindsay Williams	MN
2009/2010	Kris Freeman	NH
2009/2010	Torin Koos	WA
2009/2010	Andy Newell	VT
2009/2010	Kikkan Randall	AK
2009/2010	Morgan Arritola	ID
2009/2010	Liz Stephen	VT
2009/2010	Noah Hoffman	CO
2009/2010	Garrott Kuzzy	WI
2009/2010	Taz Mannix	AK
2009/2010	Morgan Smyth	VT
2009/2010	Lindsay Williams	MN
2010/2011	Kikkan Randall	AK
2010/2011	Kris Freeman	NH
2010/2011	Andy Newell	VT
2010/2011	Liz Stephen	VT
2010/2011	Morgan Arritola	ID
2010/2011	Simi Hamilton	CO
2010/2011	Noah Hoffman	CO
2011/2012	Kris Freeman	NH
2011/2012	Andy Newell	VT
2011/2012	Kikkan Randall	AK
2011/2012	Liz Stephen	VT
2011/2012	Noah Hoffman	CO
2011/2012	Simi Hamilton	CO
2011/2012	Tad Elliott	CO
2011/2012	Jessie Diggins	MN
2011/2012	Sadie Bjornsen	WA
2011/2012	Ida Sargent	VT

2011/2012	Skyler Davis	VT
2011/2012	Erik Bjornsen	WA
2012/2013	Kris Freeman	NH
2012/2013	Simi Hamilton	CO
2012/2013	Andy Newell	VT
2012/2013	Jessie Diggins	MN
2012/2013	Kikkan Randall	AK
2012/2013	Liz Stephen	VT
2012/2013	Tad Elliott	CO
2012/2013	Noah Hoffman	CO
2012/2013	Sadie Bjornsen	WA
2012/2013	Holly Brooks	AK
2012/2013	Ida Sargent	VT
2012/2013	Erik Bjornsen	WA
2012/2013	Skyler Davis	VT
2013/2014	Holly Brooks	AK
2013/2014	Jessie Diggins	MN
2013/2014	Andy Newell	VT
2013/2014	Kikkan Randall	AK
2013/2014	Ida Sargent	VT
2013/2014	Liz Stephen	VT
2013/2014	Erik Bjornsen	WA
2013/2014	Sadie Bjornsen	WA
2013/2014	Sophie Caldwell	VT
2013/2014	Simi Hamilton	CO
2013/2014	Noah Hoffman	CO
2014/2015	Simi Hamilton	CO
2014/2015	Andy Newell	VT
2014/2015	Sadie Bjornsen	WA
2014/2015	Sophie Caldwell	VT
2014/2015	Jessie Diggins	MN

2014/2015	Kikkan Randall	AK
2014/2015	Liz Stephen	VT
2014/2015	Erik Bjornsen	WA
2014/2015	Noah Hoffman	CO
2014/2015	Ida Sargent	VT
2014/2015	Paddy Caldwell	NH
2014/2015	Ben Saxton	MN
2015/2016	Simi Hamilton	CO
2015/2016	Andy Newell	VT
2015/2016	Sadie Bjornsen	WA
2015/2016	Sophie Caldwell	VT
2015/2016	Jessie Diggins	MN
2015/2016	Kikkan Randall	AK
2015/2016	Liz Stephen	VT
2015/2016	Erik Bjornsen	WA
2015/2016	Noah Hoffman	CO
2015/2016	Ida Sargent	VT
2015/2016	Paddy Caldwell	NH
2015/2016	Ben Saxton	MN
2015/2016	Rosie Brennan	UT
2015/2016	Caitlin Gregg	MN
2015/2016	Katharine Ogden	VT
2015/2016	Julia Kern	MA
2016/2017	Simi Hamilton	CO
2016/2017	Andy Newell	VT
2016/2017	Sadie Bjornsen	WA
2016/2017	Sophie Caldwell	VT
2016/2017	Jessie Diggins	MN
2016/2017	Kikkan Randall	AK
2016/2017	Ida Sargent	VT
2016/2017	Liz Stephen	VT

2016/2017	Erik Bjornsen	WA
2016/2017	Noah Hoffman	CO
2016/2017	Rosie Brennan	UT
2016/2017	Paddy Caldwell	NH
2016/2017	Ian Torchia	MN
2016/2017	Hannah Halvorsen	CA
2016/2017	Julia Kern	MA
2016/2017	Katharine Ogden	VT
2017/2018	Simi Hamilton	CO
2017/2018	Andy Newell	VT
2017/2018	Sadie Bjornsen	WA
2017/2018	Sophie Caldwell	VT
2017/2018	Jessie Diggins	MN
2017/2018	Kikkan Randall	AK
2017/2018	Ida Sargent	VT
2017/2018	Liz Stephen	VT
2017/2018	Erik Bjornsen	WA
2017/2018	Paddy Caldwell	NH
2017/2018	Scott Patterson	AK
2017/2018	Rosie Brennan	UT
2017/2018	Ian Torchia	MN
2017/2018	Hannah Halvorsen	CA
2017/2018	Julia Kern	MA
2017/2018	Katharine Ogden	VT
2018/2019	Simi Hamilton	CO
2018/2019	Sadie Bjornsen	WA
2018/2019	Sophie Caldwell	VT
2018/2019	Jessie Diggins	MN
2018/2019	Ida Sargent	VT
2018/2019	Erik Bjornsen	WA
2018/2019	Kevin Bolger	WI

2018/2019	Paddy Caldwell	NH
2018/2019	Scott Patterson	AK
2018/2019	Ben Ogden	VT
2018/2019	Gus Schumacher	AK
2018/2019	Ian Torchia	MN
2018/2019	Hannah Halvorsen	CA
2018/2019	Julia Kern	MA
2018/2019	Katharine Ogden	VT
2018/2019	Hailey Swirbul	CO
2019/2020	Erik Bjornsen	WA
2019/2020	Simi Hamilton	CO
2019/2020	Sadie Bjornsen	WA
2019/2020	Rosie Brennan	UT
2019/2020	Sophie Caldwell	VT
2019/2020	Jessie Diggins	MN
2019/2020	Kevin Bolger	WI
2019/2020	Scott Patterson	AK
2019/2020	Julia Kern	MA
2019/2020	Caitlin Patterson	AK
2019/2020	Hailey Swirbul	CO
2019/2020	Johnny Hagenbuch	ID
2019/2020	Luke Jager	AK
2019/2020	Noel Keeffe	CO
2019/2020	Zak Ketterson	MN
2019/2020	Ben Ogden	VT
2019/2020	Gus Schumacher	AK
2019/2020	Hannah Halvorsen	CA
2019/2020	Novie McCabe	WA
2019/2020	Kendall Kramer	AK
2020/2021	Sadie Bjornsen	WA
2020/2021	Rosie Brennan	UT

2020/2021	Sophie Caldwell	VT
2020/2021	Jessie Diggins	MN
2020/2021	Julia Kern	MA
2020/2021	Hailey Swirbul	CO
2020/2021	Simi Hamilton	CO
2020/2021	Katharine Ogden	VT
2020/2021	Kevin Bolger	WI
2020/2021	Scott Patterson	AK
2020/2021	Gus Schumacher	AK
2020/2021	Logan Hanneman	AK
2020/2021	Hannah Halvorsen	CA
2020/2021	Novie McCabe	WA
2020/2021	Kendall Kramer	AK
2020/2021	Sydney Palmer-Leger	UT
2020/2021	Sophia Laukli	ME
2020/2021	Johnny Hagenbuch	ID
2020/2021	Luke Jager	AK
2020/2021	Noel Keeffe	CO
2020/2021	Ben Ogden	VT
2020/2021	JC Schoonmaker	CA
2020/2021	Hunter Wonders	AK
2021/2022	Rosie Brennan	UT
2021/2022	Jessie Diggins	MN
2021/2022	Hailey Swirbul	CO
2021/2022	Gus Schumacher	AK
2021/2022	JC Schoonmaker	CA
2021/2022	Julia Kern	MA
2021/2022	Katharine Ogden	VT
2021/2022	Sydney Palmer-Leger	UT
2021/2022	Kevin Bolger	WI
2021/2022	Scott Patterson	AK

2021/2022	Logan Hanneman	AK
2021/2022	Hannah Halvorsen	CA
2021/2022	Novie McCabe	WA
2021/2022	Kendall Kramer	AK
2021/2022	Sophia Laukli	ME
2021/2022	Johnny Hagenbuch	ID
2021/2022	Luke Jager	AK
2021/2022	Noel Keeffe	CO
2021/2022	Zanden McMullen	AK
2021/2022	Ben Ogden	VT
2021/2022	Hunter Wonders	AK
2022/2023	Rosie Brennan	UT
2022/2023	Jessie Diggins	MN
2022/2023	Julia Kern	MA
2022/2023	Novie McCabe	WA
2022/2023	Ben Ogden	VT
2022/2023	Scott Patterson	AK
2022/2023	JC Schoonmaker	CA
2022/2023	Sophia Laukli	ME
2022/2023	Hailey Swirbul	CO
2022/2023	Kevin Bolger	WI
2022/2023	John Steel Hagenbuch	ID
2022/2023	Luke Jager	AK
2022/2023	Zak Ketterson	MN
2022/2023	Finn O'Connell	CO
2022/2023	Gus Schumacher	AK
2022/2023	Hunter Wonders	AK
2022/2023	Sydney Palmer-Leger	UT
2022/2023	Sammy Smith	ID
2022/2023	Michael Earnhart	AK
2022/2023	Walker Hall	WA

2022/2023	Will Koch	VT
2022/2023	Zanden McMullen	AK
2023/2024	Ben Ogden	VT
2023/2024	JC Schoonmaker	CA
2023/2024	John Steel Hagenbuch	ID
2023/2024	Luke Jager	AK
2023/2024	Zak Ketterson	MN
2023/2024	Zanden McMullen	AK
2023/2024	Scott Patterson	AK
2023/2024	Gus Schumacher	AK
2023/2024	Brian Bushey	VT
2023/2024	Michael Earnhart	AK
2023/2024	Walker Hall	WA
2023/2024	Max Kluck	MT
2023/2024	Will Koch	VT
2023/2024	Derek Richardson	WA
2023/2024	Rosie Brennan	UT
2023/2024	Jessie Diggins	MN
2023/2024	Julia Kern	MA
2023/2024	Sophia Laukli	ME
2023/2024	Novie McCabe	WA
2023/2024	Sydney Palmer-Leger	UT
2023/2024	Haley Brewster	CO
2023/2024	Sammy Smith	ID
2023/2024	Ava Thurston	VT

<u>season</u>	<u>athletes on team</u>	<u>state listed in athlete's first appearance on national team</u>
2006/2007	Kikkan Randall	AK
2006/2007	Taz Mannix	AK
2007/2008	Kikkan Randall	AK
2007/2008	Taz Mannix	AK
2008/2009	Kikkan Randall	AK
2008/2009	Taz Mannix	AK
2009/2010	Kikkan Randall	AK
2009/2010	Taz Mannix	AK
2010/2011	Kikkan Randall	AK
2011/2012	Kikkan Randall	AK
2012/2013	Kikkan Randall	AK
2012/2013	Holly Brooks	AK
2013/2014	Holly Brooks	AK
2013/2014	Kikkan Randall	AK
2014/2015	Kikkan Randall	AK
2015/2016	Kikkan Randall	AK
2016/2017	Kikkan Randall	AK
2017/2018	Kikkan Randall	AK
2017/2018	Scott Patterson	AK
2018/2019	Scott Patterson	AK
2018/2019	Gus Schumacher	AK
2019/2020	Scott Patterson	AK
2019/2020	Caitlin Patterson	AK
2019/2020	Luke Jager	AK
2019/2020	Gus Schumacher	AK
2019/2020	Kendall Kramer	AK
2020/2021	Scott Patterson	AK
2020/2021	Gus Schumacher	AK

2020/2021	Logan Hanneman	AK
2020/2021	Kendall Kramer	AK
2020/2021	Luke Jager	AK
2020/2021	Hunter Wonders	AK
2021/2022	Gus Schumacher	AK
2021/2022	Scott Patterson	AK
2021/2022	Logan Hanneman	AK
2021/2022	Kendall Kramer	AK
2021/2022	Luke Jager	AK
2021/2022	Zanden McMullen	AK
2021/2022	Hunter Wonders	AK
2022/2023	Scott Patterson	AK
2022/2023	Luke Jager	AK
2022/2023	Gus Schumacher	AK
2022/2023	Hunter Wonders	AK
2022/2023	Michael Earnhart	AK
2022/2023	Zanden McMullen	AK
2023/2024	Luke Jager	AK
2023/2024	Zanden McMullen	AK
2023/2024	Scott Patterson	AK
2023/2024	Gus Schumacher	AK
2023/2024	Michael Earnhart	AK
2006/2007	Matt Gelso	CA
2007/2008	Matt Gelso	CA
2008/2009	Matt Gelso	CA
2016/2017	Hannah Halvorsen	CA
2017/2018	Hannah Halvorsen	CA
2018/2019	Hannah Halvorsen	CA
2019/2020	Hannah Halvorsen	CA
2020/2021	Hannah Halvorsen	CA
2020/2021	JC Schoonmaker	CA

2021/2022	JC Schoonmaker	CA
2021/2022	Hannah Halvorsen	CA
2022/2023	JC Schoonmaker	CA
2023/2024	JC Schoonmaker	CA
2004/2005	Rebecca Dussault	CO
2008/2009	Noah Hoffman	CO
2009/2010	Noah Hoffman	CO
2010/2011	Simi Hamilton	CO
2010/2011	Noah Hoffman	CO
2011/2012	Noah Hoffman	CO
2011/2012	Simi Hamilton	CO
2011/2012	Tad Elliott	CO
2012/2013	Simi Hamilton	CO
2012/2013	Tad Elliott	CO
2012/2013	Noah Hoffman	CO
2013/2014	Simi Hamilton	CO
2013/2014	Noah Hoffman	CO
2014/2015	Simi Hamilton	CO
2014/2015	Noah Hoffman	CO
2015/2016	Simi Hamilton	CO
2015/2016	Noah Hoffman	CO
2016/2017	Simi Hamilton	CO
2016/2017	Noah Hoffman	CO
2017/2018	Simi Hamilton	CO
2018/2019	Simi Hamilton	CO
2018/2019	Hailey Swirbul	CO
2019/2020	Simi Hamilton	CO
2019/2020	Hailey Swirbul	CO
2019/2020	Noel Keeffe	CO
2020/2021	Hailey Swirbul	CO
2020/2021	Simi Hamilton	CO

2020/2021	Noel Keeffe	CO
2021/2022	Hailey Swirbul	CO
2021/2022	Noel Keeffe	CO
2022/2023	Hailey Swirbul	CO
2022/2023	Finn O'Connell	CO
2023/2024	Haley Brewster	CO
2006/2007	Morgan Arritola	ID
2007/2008	Morgan Arritola	ID
2007/2008	Alexa Turzian	ID
2008/2009	Morgan Arritola	ID
2008/2009	Alexa Turzian	ID
2009/2010	Morgan Arritola	ID
2010/2011	Morgan Arritola	ID
2019/2020	Johnny Hagenbuch	ID
2020/2021	Johnny Hagenbuch	ID
2021/2022	Johnny Hagenbuch	ID
2022/2023	John Steel Hagenbuch	ID
2022/2023	Sammy Smith	ID
2023/2024	John Steel Hagenbuch	ID
2023/2024	Sammy Smith	ID
2015/2016	Julia Kern	MA
2016/2017	Julia Kern	MA
2017/2018	Julia Kern	MA
2018/2019	Julia Kern	MA
2019/2020	Julia Kern	MA
2020/2021	Julia Kern	MA
2021/2022	Julia Kern	MA
2022/2023	Julia Kern	MA
2023/2024	Julia Kern	MA
2020/2021	Sophia Laukli	ME
2021/2022	Sophia Laukli	ME

2022/2023	Sophia Laukli	ME
2023/2024	Sophia Laukli	ME
2006/2007	Lindsey Weier	MN
2006/2007	Lindsay Williams	MN
2007/2008	Lindsey Weier	MN
2007/2008	Lindsay Williams	MN
2008/2009	Lindsey Dehlin	MN
2008/2009	Lindsay Williams	MN
2009/2010	Lindsay Williams	MN
2011/2012	Jessie Diggins	MN
2012/2013	Jessie Diggins	MN
2013/2014	Jessie Diggins	MN
2014/2015	Jessie Diggins	MN
2014/2015	Ben Saxton	MN
2015/2016	Jessie Diggins	MN
2015/2016	Ben Saxton	MN
2015/2016	Caitlin Gregg	MN
2016/2017	Jessie Diggins	MN
2016/2017	Ian Torchia	MN
2017/2018	Jessie Diggins	MN
2017/2018	Ian Torchia	MN
2018/2019	Jessie Diggins	MN
2018/2019	Ian Torchia	MN
2019/2020	Jessie Diggins	MN
2019/2020	Zak Ketterson	MN
2020/2021	Jessie Diggins	MN
2021/2022	Jessie Diggins	MN
2022/2023	Jessie Diggins	MN
2022/2023	Zak Ketterson	MN
2023/2024	Zak Ketterson	MN
2023/2024	Jessie Diggins	MN

2006/2007	Leif Zimmermann	MT
2007/2008	Leif Zimmermann	MT
2008/2009	Leif Zimmermann	MT
2023/2024	Max Kluck	MT
2004/2005	Kris Freeman	NH
2004/2005	Justin Freeman	NH
2005/2006	Kris Freeman	NH
2006/2007	Kris Freeman	NH
2007/2008	Kris Freeman	NH
2008/2009	Kris Freeman	NH
2009/2010	Kris Freeman	NH
2010/2011	Kris Freeman	NH
2011/2012	Kris Freeman	NH
2012/2013	Kris Freeman	NH
2014/2015	Paddy Caldwell	NH
2015/2016	Paddy Caldwell	NH
2016/2017	Paddy Caldwell	NH
2017/2018	Paddy Caldwell	NH
2018/2019	Paddy Caldwell	NH
2004/2005	Carl Swenson	UT
2004/2005	Wendy Wagner	UT
2005/2006	Carl Swenson	UT
2007/2008	Rosie Brennan	UT
2008/2009	Rosie Brennan	UT
2015/2016	Rosie Brennan	UT
2016/2017	Rosie Brennan	UT
2017/2018	Rosie Brennan	UT
2019/2020	Rosie Brennan	UT
2020/2021	Rosie Brennan	UT
2020/2021	Sydney Palmer-Leger	UT
2021/2022	Rosie Brennan	UT

2021/2022	Sydney Palmer-Leger	UT
2022/2023	Rosie Brennan	UT
2022/2023	Sydney Palmer-Leger	UT
2023/2024	Rosie Brennan	UT
2023/2024	Sydney Palmer-Leger	UT
2004/2005	Andy Newell	VT
2004/2005	Andrew Johnson	VT
2005/2006	Andrew Johnson	VT
2005/2006	Andy Newell	VT
2006/2007	Andrew Johnson	VT
2006/2007	Andy Newell	VT
2006/2007	Morgan Smyth	VT
2006/2007	Liz Stephen	VT
2007/2008	Andy Newell	VT
2007/2008	Morgan Smyth	VT
2007/2008	Liz Stephen	VT
2008/2009	Andy Newell	VT
2008/2009	Morgan Smyth	VT
2008/2009	Liz Stephen	VT
2009/2010	Andy Newell	VT
2009/2010	Liz Stephen	VT
2009/2010	Morgan Smyth	VT
2010/2011	Andy Newell	VT
2010/2011	Liz Stephen	VT
2011/2012	Andy Newell	VT
2011/2012	Liz Stephen	VT
2011/2012	Ida Sargent	VT
2011/2012	Skyler Davis	VT
2012/2013	Andy Newell	VT
2012/2013	Liz Stephen	VT
2012/2013	Ida Sargent	VT

2012/2013	Skyler Davis	VT
2013/2014	Andy Newell	VT
2013/2014	Ida Sargent	VT
2013/2014	Liz Stephen	VT
2013/2014	Sophie Caldwell	VT
2014/2015	Andy Newell	VT
2014/2015	Sophie Caldwell	VT
2014/2015	Liz Stephen	VT
2014/2015	Ida Sargent	VT
2015/2016	Andy Newell	VT
2015/2016	Sophie Caldwell	VT
2015/2016	Liz Stephen	VT
2015/2016	Ida Sargent	VT
2015/2016	Katharine Ogden	VT
2016/2017	Andy Newell	VT
2016/2017	Sophie Caldwell	VT
2016/2017	Ida Sargent	VT
2016/2017	Liz Stephen	VT
2016/2017	Katharine Ogden	VT
2017/2018	Andy Newell	VT
2017/2018	Sophie Caldwell	VT
2017/2018	Ida Sargent	VT
2017/2018	Liz Stephen	VT
2017/2018	Katharine Ogden	VT
2018/2019	Sophie Caldwell	VT
2018/2019	Ida Sargent	VT
2018/2019	Ben Ogden	VT
2018/2019	Katharine Ogden	VT
2019/2020	Sophie Caldwell	VT
2019/2020	Ben Ogden	VT
2020/2021	Sophie Caldwell	VT

2020/2021	Katharine Ogden	VT
2020/2021	Ben Ogden	VT
2021/2022	Katharine Ogden	VT
2021/2022	Ben Ogden	VT
2022/2023	Ben Ogden	VT
2022/2023	Will Koch	VT
2023/2024	Ben Ogden	VT
2023/2024	Brian Bushey	VT
2023/2024	Will Koch	VT
2023/2024	Ava Thurston	VT
2004/2005	Torin Koos	WA
2005/2006	Torin Koos	WA
2006/2007	Torin Koos	WA
2007/2008	Torin Koos	WA
2007/2008	Laura Valaas	WA
2008/2009	Torin Koos	WA
2008/2009	Laura Valaas	WA
2009/2010	Torin Koos	WA
2011/2012	Sadie Bjornsen	WA
2011/2012	Erik Bjornsen	WA
2012/2013	Sadie Bjornsen	WA
2012/2013	Erik Bjornsen	WA
2013/2014	Erik Bjornsen	WA
2013/2014	Sadie Bjornsen	WA
2014/2015	Sadie Bjornsen	WA
2014/2015	Erik Bjornsen	WA
2015/2016	Sadie Bjornsen	WA
2015/2016	Erik Bjornsen	WA
2016/2017	Sadie Bjornsen	WA
2016/2017	Erik Bjornsen	WA
2017/2018	Sadie Bjornsen	WA

2017/2018	Erik Bjornsen	WA
2018/2019	Sadie Bjornsen	WA
2018/2019	Erik Bjornsen	WA
2019/2020	Erik Bjornsen	WA
2019/2020	Sadie Bjornsen	WA
2019/2020	Novie McCabe	WA
2020/2021	Sadie Bjornsen	WA
2020/2021	Novie McCabe	WA
2021/2022	Novie McCabe	WA
2022/2023	Novie McCabe	WA
2022/2023	Walker Hall	WA
2023/2024	Walker Hall	WA
2023/2024	Derek Richardson	WA
2023/2024	Novie McCabe	WA
2006/2007	Chris Cook	WI
2007/2008	Chris Cook	WI
2008/2009	Chris Cook	WI
2008/2009	Garrott Kuzzy	WI
2009/2010	Garrott Kuzzy	WI
2018/2019	Kevin Bolger	WI
2019/2020	Kevin Bolger	WI
2020/2021	Kevin Bolger	WI
2021/2022	Kevin Bolger	WI
2022/2023	Kevin Bolger	WI

Alaska			
2006/2007	Kikkan Randall	AK	
2006/2007	Taz Mannix	AK	
2007/2008	Kikkan Randall	AK	
2007/2008	Taz Mannix	AK	
2008/2009	Kikkan Randall	AK	
2008/2009	Taz Mannix	AK	
2009/2010	Kikkan Randall	AK	
2009/2010	Taz Mannix	AK	
2010/2011	Kikkan Randall	AK	
2011/2012	Kikkan Randall	AK	
2012/2013	Kikkan Randall	AK	
2012/2013	Holly Brooks	AK	
2013/2014	Holly Brooks	AK	
2013/2014	Kikkan Randall	AK	
2014/2015	Kikkan Randall	AK	
2015/2016	Kikkan Randall	AK	
2016/2017	Kikkan Randall	AK	
2017/2018	Kikkan Randall	AK	
2017/2018	Scott Patterson	AK	
2018/2019	Scott Patterson	AK	
2018/2019	Gus Schumacher	AK	
2019/2020	Scott Patterson	AK	
2019/2020	Caitlin Patterson	AK	
2019/2020	Luke Jager	AK	
2019/2020	Gus Schumacher	AK	
2019/2020	Kendall Kramer	AK	
2020/2021	Scott Patterson	AK	
2020/2021	Gus Schumacher	AK	
2020/2021	Logan Hanneman	AK	
2020/2021	Kendall Kramer	AK	
2020/2021	Luke Jager	AK	

2020/2021	Hunter Wonders	AK	
2021/2022	Gus Schumacher	AK	
2021/2022	Scott Patterson	AK	
2021/2022	Logan Hanneman	AK	
2021/2022	Kendall Kramer	AK	
2021/2022	Luke Jager	AK	
2021/2022	Zanden McMullen	AK	
2021/2022	Hunter Wonders	AK	
2022/2023	Scott Patterson	AK	
2022/2023	Luke Jager	AK	
2022/2023	Gus Schumacher	AK	
2022/2023	Hunter Wonders	AK	
2022/2023	Michael Earnhart	AK	
2022/2023	Zanden McMullen	AK	
2023/2024	Luke Jager	AK	
2023/2024	Zanden McMullen	AK	
2023/2024	Scott Patterson	AK	
2023/2024	Gus Schumacher	AK	
2023/2024	Michael Earnhart	AK	
	Alaska: 50 athlete years		
	Pacific (Washington, California)		
2006/2007	Matt Gelso	CA	
2007/2008	Matt Gelso	CA	
2008/2009	Matt Gelso	CA	
2016/2017	Hannah Halvorsen	CA	
2017/2018	Hannah Halvorsen	CA	
2018/2019	Hannah Halvorsen	CA	
2019/2020	Hannah Halvorsen	CA	
2020/2021	Hannah Halvorsen	CA	
2020/2021	JC Schoonmaker	CA	

2021/2022	JC Schoonmaker	CA	
2021/2022	Hannah Halvorsen	CA	
2022/2023	JC Schoonmaker	CA	
2023/2024	JC Schoonmaker	CA	
2004/2005	Torin Koos	WA	
2005/2006	Torin Koos	WA	
2006/2007	Torin Koos	WA	
2007/2008	Torin Koos	WA	
2007/2008	Laura Valaas	WA	
2008/2009	Torin Koos	WA	
2008/2009	Laura Valaas	WA	
2009/2010	Torin Koos	WA	
2011/2012	Sadie Bjornsen	WA	
2011/2012	Erik Bjornsen	WA	
2012/2013	Sadie Bjornsen	WA	
2012/2013	Erik Bjornsen	WA	
2013/2014	Erik Bjornsen	WA	
2013/2014	Sadie Bjornsen	WA	
2014/2015	Sadie Bjornsen	WA	
2014/2015	Erik Bjornsen	WA	
2015/2016	Sadie Bjornsen	WA	
2015/2016	Erik Bjornsen	WA	
2016/2017	Sadie Bjornsen	WA	
2016/2017	Erik Bjornsen	WA	
2017/2018	Sadie Bjornsen	WA	
2017/2018	Erik Bjornsen	WA	
2018/2019	Sadie Bjornsen	WA	
2018/2019	Erik Bjornsen	WA	
2019/2020	Erik Bjornsen	WA	
2019/2020	Sadie Bjornsen	WA	
2019/2020	Novie McCabe	WA	

2020/2021	Sadie Bjornsen	WA	
2020/2021	Novie McCabe	WA	
2021/2022	Novie McCabe	WA	
2022/2023	Novie McCabe	WA	
2022/2023	Walker Hall	WA	
2023/2024	Walker Hall	WA	
2023/2024	Derek Richardson	WA	
2023/2024	Novie McCabe	WA	
	Pacific: 48 athlete years		
	Mountain (Colorado, Idaho, Montana, Utah)		
2004/2005	Rebecca Dussault	CO	
2008/2009	Noah Hoffman	CO	
2009/2010	Noah Hoffman	CO	
2010/2011	Simi Hamilton	CO	
2010/2011	Noah Hoffman	CO	
2011/2012	Noah Hoffman	CO	
2011/2012	Simi Hamilton	CO	
2011/2012	Tad Elliott	CO	
2012/2013	Simi Hamilton	CO	
2012/2013	Tad Elliott	CO	
2012/2013	Noah Hoffman	CO	
2013/2014	Simi Hamilton	CO	
2013/2014	Noah Hoffman	CO	
2014/2015	Simi Hamilton	CO	
2014/2015	Noah Hoffman	CO	
2015/2016	Simi Hamilton	CO	
2015/2016	Noah Hoffman	CO	
2016/2017	Simi Hamilton	CO	
2016/2017	Noah Hoffman	CO	
2017/2018	Simi Hamilton	CO	

2018/2019	Simi Hamilton	CO	
2018/2019	Hailey Swirbul	CO	
2019/2020	Simi Hamilton	CO	
2019/2020	Hailey Swirbul	CO	
2019/2020	Noel Keeffe	CO	
2020/2021	Hailey Swirbul	CO	
2020/2021	Simi Hamilton	CO	
2020/2021	Noel Keeffe	CO	
2021/2022	Hailey Swirbul	CO	
2021/2022	Noel Keeffe	CO	
2022/2023	Hailey Swirbul	CO	
2022/2023	Finn O'Connell	CO	
2023/2024	Haley Brewster	CO	
2006/2007	Morgan Arritola	ID	
2007/2008	Morgan Arritola	ID	
2007/2008	Alexa Turzian	ID	
2008/2009	Morgan Arritola	ID	
2008/2009	Alexa Turzian	ID	
2009/2010	Morgan Arritola	ID	
2010/2011	Morgan Arritola	ID	
2019/2020	Johnny Hagenbuch	ID	
2020/2021	Johnny Hagenbuch	ID	
2021/2022	Johnny Hagenbuch	ID	
2022/2023	John Steel Hagenbuch	ID	
2022/2023	Sammy Smith	ID	
2023/2024	John Steel Hagenbuch	ID	
2023/2024	Sammy Smith	ID	
2006/2007	Leif Zimmermann	MT	
2007/2008	Leif Zimmermann	MT	
2008/2009	Leif Zimmermann	MT	
2023/2024	Max Kluck	MT	

2004/2005	Carl Swenson	UT	
2004/2005	Wendy Wagner	UT	
2005/2006	Carl Swenson	UT	
2007/2008	Rosie Brennan	UT	
2008/2009	Rosie Brennan	UT	
2015/2016	Rosie Brennan	UT	
2016/2017	Rosie Brennan	UT	
2017/2018	Rosie Brennan	UT	
2019/2020	Rosie Brennan	UT	
2020/2021	Rosie Brennan	UT	
2020/2021	Sydney Palmer-Leger	UT	
2021/2022	Rosie Brennan	UT	
2021/2022	Sydney Palmer-Leger	UT	
2022/2023	Rosie Brennan	UT	
2022/2023	Sydney Palmer-Leger	UT	
2023/2024	Rosie Brennan	UT	
2023/2024	Sydney Palmer-Leger	UT	
	Mountain: 68 athlete years		
	Central (Minnesota, Wisconsin)		
2006/2007	Lindsey Weier	MN	
2006/2007	Lindsay Williams	MN	
2007/2008	Lindsey Weier	MN	
2007/2008	Lindsay Williams	MN	
2008/2009	Lindsey Dehlin	MN	
2008/2009	Lindsay Williams	MN	
2009/2010	Lindsay Williams	MN	
2011/2012	Jessie Diggins	MN	
2012/2013	Jessie Diggins	MN	
2013/2014	Jessie Diggins	MN	
2014/2015	Jessie Diggins	MN	

2014/2015	Ben Saxton	MN	
2015/2016	Jessie Diggins	MN	
2015/2016	Ben Saxton	MN	
2015/2016	Caitlin Gregg	MN	
2016/2017	Jessie Diggins	MN	
2016/2017	Ian Torchia	MN	
2017/2018	Jessie Diggins	MN	
2017/2018	Ian Torchia	MN	
2018/2019	Jessie Diggins	MN	
2018/2019	Ian Torchia	MN	
2019/2020	Jessie Diggins	MN	
2019/2020	Zak Ketterson	MN	
2020/2021	Jessie Diggins	MN	
2021/2022	Jessie Diggins	MN	
2022/2023	Jessie Diggins	MN	
2022/2023	Zak Ketterson	MN	
2023/2024	Zak Ketterson	MN	
2023/2024	Jessie Diggins	MN	
2006/2007	Chris Cook	WI	
2007/2008	Chris Cook	WI	
2008/2009	Chris Cook	WI	
2008/2009	Garrott Kuzzy	WI	
2009/2010	Garrott Kuzzy	WI	
2018/2019	Kevin Bolger	WI	
2019/2020	Kevin Bolger	WI	
2020/2021	Kevin Bolger	WI	
2021/2022	Kevin Bolger	WI	
2022/2023	Kevin Bolger	WI	
	Central: 39 athlete years		
Eastern (Massachusetts, Maine, New Hampshire, Vermont)			

2015/2016	Julia Kern	MA	
2016/2017	Julia Kern	MA	
2017/2018	Julia Kern	MA	
2018/2019	Julia Kern	MA	
2019/2020	Julia Kern	MA	
2020/2021	Julia Kern	MA	
2021/2022	Julia Kern	MA	
2022/2023	Julia Kern	MA	
2023/2024	Julia Kern	MA	
2020/2021	Sophia Laukli	ME	
2021/2022	Sophia Laukli	ME	
2022/2023	Sophia Laukli	ME	
2023/2024	Sophia Laukli	ME	
2004/2005	Kris Freeman	NH	
2004/2005	Justin Freeman	NH	
2005/2006	Kris Freeman	NH	
2006/2007	Kris Freeman	NH	
2007/2008	Kris Freeman	NH	
2008/2009	Kris Freeman	NH	
2009/2010	Kris Freeman	NH	
2010/2011	Kris Freeman	NH	
2011/2012	Kris Freeman	NH	
2012/2013	Kris Freeman	NH	
2014/2015	Paddy Caldwell	NH	
2015/2016	Paddy Caldwell	NH	
2016/2017	Paddy Caldwell	NH	
2017/2018	Paddy Caldwell	NH	
2018/2019	Paddy Caldwell	NH	
2004/2005	Andy Newell	VT	
2004/2005	Andrew Johnson	VT	
2005/2006	Andrew Johnson	VT	

2005/2006	Andy Newell	VT	
2006/2007	Andrew Johnson	VT	
2006/2007	Andy Newell	VT	
2006/2007	Morgan Smyth	VT	
2006/2007	Liz Stephen	VT	
2007/2008	Andy Newell	VT	
2007/2008	Morgan Smyth	VT	
2007/2008	Liz Stephen	VT	
2008/2009	Andy Newell	VT	
2008/2009	Morgan Smyth	VT	
2008/2009	Liz Stephen	VT	
2009/2010	Andy Newell	VT	
2009/2010	Liz Stephen	VT	
2009/2010	Morgan Smyth	VT	
2010/2011	Andy Newell	VT	
2010/2011	Liz Stephen	VT	
2011/2012	Andy Newell	VT	
2011/2012	Liz Stephen	VT	
2011/2012	Ida Sargent	VT	
2011/2012	Skyler Davis	VT	
2012/2013	Andy Newell	VT	
2012/2013	Liz Stephen	VT	
2012/2013	Ida Sargent	VT	
2012/2013	Skyler Davis	VT	
2013/2014	Andy Newell	VT	
2013/2014	Ida Sargent	VT	
2013/2014	Liz Stephen	VT	
2013/2014	Sophie Caldwell	VT	
2014/2015	Andy Newell	VT	
2014/2015	Sophie Caldwell	VT	
2014/2015	Liz Stephen	VT	

2014/2015	Ida Sargent	VT	
2015/2016	Andy Newell	VT	
2015/2016	Sophie Caldwell	VT	
2015/2016	Liz Stephen	VT	
2015/2016	Ida Sargent	VT	
2015/2016	Katharine Ogden	VT	
2016/2017	Andy Newell	VT	
2016/2017	Sophie Caldwell	VT	
2016/2017	Ida Sargent	VT	
2016/2017	Liz Stephen	VT	
2016/2017	Katharine Ogden	VT	
2017/2018	Andy Newell	VT	
2017/2018	Sophie Caldwell	VT	
2017/2018	Ida Sargent	VT	
2017/2018	Liz Stephen	VT	
2017/2018	Katharine Ogden	VT	
2018/2019	Sophie Caldwell	VT	
2018/2019	Ida Sargent	VT	
2018/2019	Ben Ogden	VT	
2018/2019	Katharine Ogden	VT	
2019/2020	Sophie Caldwell	VT	
2019/2020	Ben Ogden	VT	
2020/2021	Sophie Caldwell	VT	
2020/2021	Katharine Ogden	VT	
2020/2021	Ben Ogden	VT	
2021/2022	Katharine Ogden	VT	
2021/2022	Ben Ogden	VT	
2022/2023	Ben Ogden	VT	
2022/2023	Will Koch	VT	
2023/2024	Ben Ogden	VT	
2023/2024	Brian Bushey	VT	

2023/2024	Will Koch	VT	
2023/2024	Ava Thurston	VT	
	Eastern: 95 athlete years		

<u>state</u>	<u>total athlete years</u>	<u>athletes</u>								
Vermont	67	12								
Alaska	50	12								
Washington	35	7								
Colorado	33	8								
Minnesota	29	8								
Utah	17	4								
New Hampshire	15	3								
Idaho	14	4								
California	13	3								
Wisconsin	10	3								
Massachusetts	9	1								
Maine	4	1								
Montana	4	2								
some notes:										
- 68 discrete athlete names on the list (= average of 4.4 years on the national team per athlete)										
- 13 states total										
- Lindsey/Lindsay is disproportionately overrepresented in Minnesota in 2006–2009										
- shoutout to Kern for Massachusetts and Laukli for Maine										
- over half of athlete years come from just three states (Vermont, Alaska, Washington), and 71 percent of athlete years come from five states (those three plus Colorado and Minnesota)										